Muscle Man

Rectus femoris- 32

Sartorius- 31

Pectoralis major- 20

Rectus abdominis- 22

Adductor

Biceps femoris- 36

Internal oblique- 21

Semimembranosus- 38

Latissimus dorsi- 16

Trapezius- 14

Sternocleidomastoid- 11

Gluteus maximus- 17

Gastrocnemius- 33

Soleus- 40

Deltoid- 18

Biceps brachii- 25

Triceps brachii- 24

Tibialis anterior- 43